



Peaceful Warrior Woman Self Defense 101

Calling all Warrior Women! It is time to tap into your fierce self and join us for this powerful workshop.

Learn to:

- Carry yourself confidently
- Identify and avoid potentially confrontational situations
- Use everyday items as lethal weapons
- To use techniques that have been "pressure tested" for effectiveness
- Defend against multiple attacks and holds
- Move and strike with great force
- Use your powerful voice
- Gain control ASAP

Saturday,
December 2, 2023
3PM-5PM
PHOENIX, AZ



**Only
30 spots open!**

**Cost:
\$40 per person**



Location:

Arizona Budokan
4744 E Thunderbird Rd, Ste 1
Phoenix 85032

MUST Pre-Register:

www.peacefulwarriorphx.com
or
QR code above

Questions? Call (480) 330-2066

